

Thomas P. Ragukonis, M.D.

37 West Century Road
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Paramus, NJ 07652
(201) 634-9000

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Suite 023
West New York, NJ 07093
(201) 969-9500

2333 Morris Avenue
Suite A-121
Union, NJ 07083
(908) 481-9511

1636 Parker
3rd Floor
Fort Lee, NJ 07024
(201) 634-9000

Professional Appointments

January 2022	Elliquence Education Institute Endoscopic Spine Surgery Certification
May 2021	2021 Global Korean Next Generation Contribution Award Recipient of this award, which recognizes contributions to the promotion of peace and reunification on the Korean Peninsula
May 2021	Boston Scientific “Advancing the Treatment of Pain” A webinar program designed to educate patients on alternative options to pain medication
September 2020 to Present	Boston Scientific Vertiflex Certification New Brunswick, NJ
November 2018 to Present	Medtronic OsteoCool RF Ablation Therapy Training New Orleans, LA Current treatment recommendations for Bone/Spine Tumors and Cancer Pain
July 2017 to Present	Abbott, Neuromodulation Division Trained and Approved to perform DRG Stimulation Leading implanter in Spinal Cord Stimulation
September 2016 to Present	New Century Spine & Outpatient Surgical Institute Medical Director 37 West Century Road, Suite 106 Paramus, NJ 07652
April 2013 to April 2016	Advanced Spine Surgical Center Privileges for Pain Management

855 Lehigh Avenue
Union, NJ 07083

March 2013 to Present

Hudson Regional Hospital
Meadowlands Hospital and Medical Center
Staff, Department of Surgery/Pain Management
55 Meadowlands Parkway
Secaucus, NJ 07094

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Continuation of Professional Appointments:

July 2012 to July 2014

Saint Michael's Medical Center
Staff, Department of Anesthesiology
Pain Management Physician
111 Central Avenue
Newark, NJ 07102

February 2012 to April 2013

Comprehensive Medical Consultants (CMC Pain Management)
Director of Pain Management Services
104 East Route 59
Nanuet, New York 10954

Nov 2011 to Dec 2015

Hackensack UMC Mountainside
Staff, Surgery/Pain Management
1 Bay Avenue
Montclair, NJ 07042

October 2011 to April 2014

Overlook Medical Center
Atlantic Health System
Staff, Department of Neuroscience/Pain Management
99 Beauvoir Avenue
Summit, NJ 07902

October 2000 to Present

Palisades Medical Center
Staff, Pain Management Physician
7600 River Road
North Bergen, New Jersey

November 2009 to 2012

Boston Scientific, Neuromodulation Division
Corporate Consultant for Spinal Cord Stimulation

November 2007 to Present

Rutgers New Jersey Medical School (UMDNJ)
Clinical Assistant Professor
Department of Anesthesiology
185 South Orange Avenue
Newark, New Jersey

2003 to 2013

Ambulatory Surgical Center of Union County
Medical Director and President of Medical Staff
950 West Chestnut Street
Union, New Jersey

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Continuation of Professional Appointments:

2001 to 2013

Columbia Anesthesia Associates
Chairman and Director of Anesthesiology and Pain
Management
30 West Century Road
Paramus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Director of Anesthesiology
30 West Century Road
Paramus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Medical Director
30 West Century Road
Secaucus, New Jersey

2001 to September 2016

Paramus Medical Center
Paramus Surgical Center
Director of Laboratory Services
CLIA Laboratory Systems
30 West Century Road
Paramus, New Jersey

1999 to 2000

Elizabeth General Hospital
Trinitas Health System
Anesthesiologist
Elizabeth, New Jersey

1997 to 1999

Bergen Medical Center
CLIA Laboratory Systems
Director of Laboratory Services
1 West Ridgewood Avenue
Paramus, New Jersey

1995 to Present

Bergen Pain Management
Director of Pain Management Services
37 West Century Road, Suite 101
Paramus, New Jersey

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Continuation of Professional Appointments:

1995 to 1999

Bergen Medical Center
Bergen Surgical Center
Director of Anesthesiology
1 West Ridgewood Avenue
Paramus, New Jersey

Post Graduate Training

1992 to 1995

Presbyterian Hospital Columbia
University College of Physicians and Surgeons
New York, New York
Resident in Anesthesiology
Concentration in Pain Management and Critical Care

1991 to 1992

University Hospital
University of Medicine and Dentistry
New Jersey Medical School
Newark, New Jersey
Resident in Internal Medicine

Education

1987 to 1991

University of Medicine and Dentistry
Rutgers New Jersey Medical School (formerly New Jersey
Medical School)
Newark, New Jersey
Doctor of Medicine

1983 to 1987

Rutgers University
Newark, New Jersey
Major in Biology
Honors: Phi Beta Kappa
Beta Beta Beta
Cum Laude

Licensure

State of New Jersey
State of New York
State of Pennsylvania
State of Florida

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Board Certification

American Board of Anesthesiology
American Academy of Pain Management
American Board of Pain Medicine
(April 29, 2017 – December 31, 2027)

Affiliations

The Royal Society of Medicine London, March 2015
North American Spine Society
American Society of Interventional Pain Physicians
American Academy of Pain Management
American Pain Society
American Society of Anesthesiologist
American Society of Regional Anesthesia
International Society for the Study of Pain
Medical Society of New Jersey
Bergen County Medical Society
New Jersey Medical School Alumni Association
Class 1991 Representative

Publications

Ragukonis, T.P.
“Off-Label Magnetic Resonance Imaging (MRI) in Patients with Persistent Pain with Spinal Cord Stimulators:
A Case Series” J Pain Res. 2022; 15: 3625–3638.

Ragukonis, T.P.
“The frequency, type, and severity of adverse events related to off-label magnetic resonance imaging (MRI)
use in patients with spinal cord stimulators: a case series”.
(Submitted)

Brown, A.R., Ragukonis, T.P.

“Early Sign of Successful Bupivacaine Interscalene Block” the money sign Reg. Anesth. 1996:21(2) 166-167.

Ragukonis, T.P., Brown, A.R., Pantuck, E.J.
“Shoulder Surgery in the Sitting Position under Interscalene Block: The Use of Plain Local Anesthetic Solutions Reduces the Incidence of Vasovagal Reactions”.
(Submitted)

Presentations

August 2011 Educational Lecture on Pain Management
Hackensack, New Jersey

October 2011 Educational Lecture on Pain Management
Hackensack, New Jersey

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(Continuation of Presentations)

July 1998 Orthopaedic Grand Rounds
Bergen Medical Center
Perioperative Pain Management in
Orthopaedic Outpatient Surgery.
“The Cutting Edge of Regional
Anesthesia”

February 1996 Postdoctoral Continuing Education
Logan College of Chiropractic
Anesthetic Considerations during
Manipulations under Anesthesia

September 1993 Resident Lecture Series
Columbia Presbyterian Medical Center
Deliberate Hypotension

September 1991 Medical Grand Rounds
Newark Beth Israel Medical Center
Management of Opportunistic
Infections of the Nervous System in
AIDS. A Case Report.

Professional Honors

Jersey's Best
Top Doctor 2023
Top Doctor 2022

Top 100 Registry Inc.
Business Leaders & Professionals
Doctor of the Year
2022

Global Korean Next Generation Contribution Award
Presented by the Korean International Association and POSCO for contributions to the promotion of peace
and reunification on the Korean Peninsula.
2021

Bergen Magazine
2020
The Top Physicians Selected by their Peers

New Jersey Monthly Top Docs
2021
2019

Jersey Choice
Top Doctors in NJ
2021
2019
2013

Bergen Top Doctors
2020

Inside Jersey October 2018
Top Doctors
The Top Physicians, Recognized for Excellence

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Continuation of Professional Honors:

Castle Connolly
A New York Metro Top Doctor for 5 Years
Top Doctors: Nominated by Peers, Selected Experts
Among the Very Best in their Specialties
2015

Castle Connolly
Recognized as one of New York Metro Area Top Docs
2019/2020

2018/2019
2017/2018
2014/2015
2013/2014
2012/2013
2011/2012
2010 /2011

Castle Connolly

Top Doctors – Pain Medicine – Paramus

2022
2021
2020
2017

Expert Network

Distinguished Doctor 2017

Recognition based on a thorough multi-phase process that evaluates influence/leadership/reputation/knowledge and builds on and serves as a culmination of previously received awards and recognitions.

The Leading Physicians of the World

Recognized as a Top Pain Management Physician in Paramus, New Jersey
2016

New Jersey's Top Doctors

The Very Best Physicians, Experts in their Fields
Healthy Living – August 2015

Vitals On-Time Doctor

Recognized by Patients for having the Shortest Wait-time 2015

Inside Jersey

Pain Medicine - Top Docs
2010/2011/2012/2013/2014/2017/2018
Selected by Castle Connolly Medical

Inside Jersey Magazine

Top Doctor – Pain Management
2013/2014

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Continuation of Professional Honors:

Vitals Compassionate Doctor Award

2014

Inside Jersey

Top Doctors – September 2013
A Super List of Jersey Doctors

NJ's Top Doctors

The Best Doctors in 60 Specialties
New Jersey Monthly magazine as recommended by their peers
2010 / 2011
2009 / 2010

"2010 Champions of Medicine" Award

Awarded by Former Speaker of the United States House of Representatives Newt Gingrich
October 2010

"Leading Physicians of the World" Award

Pain Management – Recognizing the top 1%-2% of doctors in each specialty
June 2010

SURGIstrategies

Solutions for Outpatient Healthcare
Physician Champions Minimally Invasive Pain Management and
Advocates for Ambulatory Surgery Centers, also Facility Planning, Design and Development
June 2009

M.D. News

Raising the Bar for Minimally
Invasive Pain Management
A Business and Lifestyle Magazine for Physicians
Northern New Jersey Edition
September 2008

A Business and Lifestyle Magazine for Physicians

Northern New Jersey Edition
September 2008

Physician of the Year Award 2003

National Republican Congressional Committee

Honorary Chairman

President's Physician Advisory Board 2003

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Continuation of Professional Honors:

Physician of the Year Award 2003

National Republican Congressional Committee

Honorary Chairman

President's Physician Advisory Board 2003

America's Registry of Outstanding Professionals
2002 /2003

Strathmore's Who's Who of Professionals
2002/2003

America's Top Physicians
2003

Personal:

Born in Glen Ridge, New Jersey

May 16, 1965

Married with 2 Children